



# Massage Therapy Waiver

Welcome to your Aveda Massage. Please take the time to breathe and relax as you fill out this form with the required information. We look forward to working with you.

Full Name \_\_\_\_\_

Street Address \_\_\_\_\_

City

State

Zip code

( )

( )

( )

Home Phone Number

Work Phone Number

Cell Phone Number

/ /

Email Address \_\_\_\_\_

Date of Birth \_\_\_\_\_

Occupation \_\_\_\_\_

Hours Per Week \_\_\_\_\_

What prompted you to come in today? Circle all that apply.

Relaxation

Stress

Personal Growth

Injury/Pain

Other \_\_\_\_\_

## Well-Being Questions

Are you currently affected by any of the following conditions? Circle all that apply.

Arthritis

Carpal Tunnel Syndrome

Fever

Heart Ailment

High Blood Pressure

Flu Cold Virus

Varicose Veins

Edema

Sore Throat

Allergies

Neck/Spine Injury

Sports Injury

Phlebitis

Warts or Other Skin Condition

Diabetes

Recent Surgery

Pregnancy

Other (Please Explain): \_\_\_\_\_

If you circled Pregnancy, please complete the next two questions

1a. Do you have any complications in this pregnancy?

YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, please explain \_\_\_\_\_

1b. Have you experienced any complications in the past?

YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, please explain \_\_\_\_\_

2. Have you ever had any surgery?

YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, please explain \_\_\_\_\_

3. Are you currently under the care of a Health Professional for injuries or on going medical treatment? YES \_\_\_\_\_ NO \_\_\_\_\_  
If yes, please explain \_\_\_\_\_
4. Do you have any medical conditions, health problems, or other physical conditions? YES \_\_\_\_\_ NO \_\_\_\_\_  
If yes, please explain \_\_\_\_\_
5. Are you currently taking any medications? YES \_\_\_\_\_ NO \_\_\_\_\_  
If yes, please list \_\_\_\_\_
6. Dr. Name \_\_\_\_\_ Telephone \_\_\_\_\_

**Lifestyle Questions**

1. Do you smoke? YES \_\_\_\_\_ NO \_\_\_\_\_
2. Do you exercise regularly? YES \_\_\_\_\_ NO \_\_\_\_\_
3. Do you wear contact lenses? YES \_\_\_\_\_ NO \_\_\_\_\_
4. Do you wear dentures? YES \_\_\_\_\_ NO \_\_\_\_\_
5. Do you wear a hearing aid? YES \_\_\_\_\_ NO \_\_\_\_\_
6. Have you ever had a professional massage? YES \_\_\_\_\_ NO \_\_\_\_\_  
If yes, when? \_\_\_\_\_ By whom? \_\_\_\_\_
7. Do you have any difficulty lying on your back, front, or turning on your side?  
YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, please explain \_\_\_\_\_
8. Female Clients: Are you currently menstruating? YES \_\_\_\_\_ NO \_\_\_\_\_
10. How did you hear about our salon/spa services?  
Website      App      Social Media      Advertisements      Word of Mouth  
Referral \_\_\_\_\_ Referral by whom \_\_\_\_\_

We reserve the right to refrain from providing a massage service until written permission is given by your medical professional.

**Important Note:** It is my choice to receive massage therapy. I understand that the information given above is strictly confidential and will be used for no other purpose than to assist the massage therapist in providing a suitable massage which would take in consideration all my specific requirements. I also understand that failure in my part to accurate information could result in injury and/or illness and I hereby release from Corporation and its parent company from any claims resulting from such. Any information provide to me by the massage therapist is for general educational purposes only and is not intended for any medical or therapeutic purpose.

Client Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Therapist Name \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_